

WHAT IS CLAIMED IS:

1. A golf tee, comprising:
  - a) a shaft portion;
  - b) a first end portion for supporting a golf ball thereon extending from a first end of said shaft portion;
  - c) a second end portion for anchoring the tee into the ground extending from a second end of said shaft portion;
  - d) a height adjustment member slidably positioned on said shaft portion for setting a height of the tee relative to the ground;
  - e) said shaft portion including a plurality of vertically spaced slots separated by at least one ring for selectively holding said height adjustment member in one of said slots; and
  - f) said height adjustment member including first and second directional arrows extending in generally opposite directions.
2. The golf tee of Claim 1, wherein:
  - a) said height adjustment member comprises a generally round disc.

3. The golf tee of Claim 2, wherein:
  - a) said directional arrows extend outwardly beyond the perimeter of said disc.
4. The golf tee of Claim 2, wherein:
  - a) said disc and said directional arrows comprise an integral member.
5. The golf tee of Claim 4, wherein:
  - a) said integral member is molded from a rubber, plastic, metal, wood, or foam material.
6. The golf tee of Claim 4, wherein:
  - a) said disc and said directional arrows comprise a generally coplanar upper surface.
7. The golf tee of Claim 2, wherein:
  - a) the perimeter of said disc is knurled.

8. The golf tee of Claim 2, wherein:
  - a) said disc includes a generally central hole for receiving said shaft portion.
9. The golf tee of Claim 8, wherein:
  - a) the diameter of said hole is smaller than the diameter of said shaft portion.
10. The golf tee of Claim 1, wherein:
  - a) the diameter of said ring is larger than the diameter of said shaft portion.
11. The golf tee of Claim 1, wherein:
  - a) the axial length of one of said slots is more than the axial length of said ring.
12. The golf tee of Claim 1, wherein:
  - a) said shaft portion comprises at least nine slots.

13. A golf tee with a device for setting a height of the tee relative to the ground, comprising:
- a) a shaft portion;
  - b) a generally hollow funnel-shaped first end portion for supporting a golf ball thereon extending from an upper end of said shaft portion;
  - c) a generally tapered second end portion for anchoring the tee into the ground extending from a lower end of said shaft portion;
  - d) a disc member slidably positioned on said shaft portion for setting a height of the tee relative to the ground;
  - e) said shaft portion including a plurality of vertically spaced slots separated by a plurality of generally continuous rings; and
  - f) said disc member including integrally molded first and second directional arrows extending in generally opposite directions.
14. The golf tee of Claim 13, wherein:
- a) said disc member and said directional arrows comprise a generally coplanar upper surface.

15. The golf tee of Claim 14, wherein:
  - a) said directional arrows extend outwardly beyond the perimeter of said disc member.
16. The golf tee of Claim 15, wherein:
  - a) said disc member is made of a rubber, plastic, metal, wood, or foam material.
17. The golf tee of Claim 13, wherein:
  - a) the diameter of one of said rings is larger than the diameter of said shaft portion.
18. The golf tee of Claim 13, wherein:
  - a) the axial length of one of said slots is more than the axial length of one of said rings.
19. The golf tee of Claim 13, wherein:
  - a) said disc portion includes a generally central hole for receiving said shaft portion; and
  - b) the diameter of said hole is smaller than the diameter of said shaft portion.

20. The golf tee of Claim 13, wherein:

a) said shaft portion comprises at least nine slots.